

Food for Thought

by Saxton Freymann

A complete book of concepts for growing minds illustrating shapes, colors, numbers, letters and opposites.



Read

Before:

Introduce the book and tell the children a little bit about it. Follow that with a comment or question that is related to the story such as, *Who can tell me what vegetable is round?* Encourage a discussion so the children can comment, ask questions, and express their feelings. Set the stage for listening by asking an "I wonder" statement based on the cover illustration.

- I wonder if all round vegetables always have a happy face?

During:

Encourage the children to comment on the illustrations and ask questions. The use of all the different vegetables in the illustrations is unique and interesting. Point out "rare words" (e.g., those words that are not commonly used in every day conversation) and help the children relate the meaning in a way that makes sense to them

Rare Words in *Food for Thought*

- oval: shaped like an egg or a flattened circle
- triangle: a figure formed of three sides and three angles
- rectangle: a figure formed of four sides
- crescent: a curved shape like that of the Moon when it is less than half illuminated
- kangaroo: a large leaping animal with powerful hind legs and a long tail found in Australia
- lizard: a reptile with a long scaly body, long tapering tail, four legs, living in hot dry regions
- x-ray: a photographic image of your body parts, often used in medicine

After:

Discuss the story. Ask questions...

- What vegetables are oval shaped? Triangle shaped?
- What vegetables are red? Orange? Green? Yellow? Purple?
- What vegetable is shaped like a bird?
- What vegetable can be made into a hippo? A frog? A penguin? A guinea pig? A lizard?
- Using the alphabet can you name a vegetable that starts with the letter A? B?
- What is the opposite of up? Big? Happy? Hot? Near?

Do

Animal Art

Have the children make various animals out of different kinds of vegetables.

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